

## Information about the lecture

Speaker Ms Kay Pungkothai

Title Beyond Greening - Raising The Social and Health Value of

**Skyrise Greenery** 

**Group of topics** 21.06.2017

Indoor greening: Projects and Prospects

**Language** English

Content

In urbanized Singapore where land is a competitive commodity, green areas constantly need to be re-looked and re-worked into the urban fabric. It is no wonder that skyrise greenery, a term coined in Singapore that refers to both rooftop and vertical greenery, has evolved along with the changing lifestyles of its population. Rather than look at land spaces on ground level, building facades and rooftop spaces have become places of competing uses. Rooftops that once housed functional utility facilities and building facades that once were cladded with sterile designs are now evolving into spaces that enhance health, social and biodiversity. And where external facades are limited, greenery is moving indoors and bringing with it both social and health value in the form of horticultural therapy. It is this interconnectedness between indoor and outdoor greenery that must be explored further to raise the social value of skyrise greenery.

This presentation will share various initiatives carried out by the National Parks Board (NParks), Singapore to address this fluidity between indoor and outdoor greenery and creating these green spaces within built environments to derive greater social capital and wellness benefits. From creating engaging spaces such as therapeutic gardens and community gardens on rooftop spaces to indoor greening programs specially designed for office workers, seniors, youths and children – it will demonstrate that NParks plans to go beyond aesthetic greening by elevating these green spaces within the built environments to enrich social interactions and derive health benefits for Singaporeans.